



Cross Country - Friday 13 October 2023

1. The Cross Country will be run in the paddocks indicated - the best cross country track in Aotearoa!
2. Students will walk to the course, leaving school at 12.15pm. They will need to bring warm clothes, footwear, a sunhat and a named waterbottle. Shorts (not long pants) must be worn.
3. There is no practice run at the course this year.
4. Parking will be available at school and on the northern end of Clive Street. **Please do not park on Knorp Street, or on the southern end of Clive Street.**
5. There is a great viewing area for parents near the start/finish line. There will be no seating available. You are welcome to bring your own.
6. The course will probably be muddy, boggy, slippery and there will be some prickles!
7. The students may run in shoes or bare feet - whatever they are most comfortable with. Their shoes will get muddy.
8. Parents will not be able to enter the area where the students are seated.
9. **All students will return to school after the Cross Country.** Parents are welcome to take their children home from there. Just make sure you have told Paula about any changes to bus arrangements.
10. The Top 5 finishers in the Y4-8 races may be selected for the interschool cross country event being held at Hunterville on Friday 27 October.
11. Any cancellation will be made by 11.30am. Please check our website or Facebook page for details.

Order of races, which start shortly after 12.30pm is as follows:

- Years 6 & 7: running approx. 2.7km
- Year 8: running approx. 2.7km
- Years 0 & 1: running approx. 900m
- Years 2 & 3: running approx. 1.8km
- Years 4 & 5: running approx. 1.8km