

Halcombe School Triathlon

27 February 2025

10.30-12.30pm

run - bike - swim

students must bring:

togs & towel
running shoes
bike & helmet

(make sure the tyres are pumped up)



THIS EVENT IS ABOUT GIVING IT A GO AND HAVING FUN!

WHĀNAU WELCOME

**If you don't have a bike,
please let us know so
we can get something
organised.**

Everyone will receive
an iceblock as they
finish the event!

GROUP	RUN DISTANCE	BIKE DISTANCE	SWIM DISTANCE
YEAR 1 & 2	2 laps of field	3 laps of field	50m (4 lengths)
YEAR 3 & 4	3 laps of field	4 laps of field	50m (4 lengths)
YEAR 5 & 6	4 laps of field	5 laps of field	100m (8 lengths)
Year 7 & 8	5 laps of field	6 laps of field	100m (8 lengths)

If students cannot swim the distance, they can walk, run or use a flutterboard. Any stroke is acceptable.